

# About your videofluoroscopy (VF)

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**Information for service users, families, carers and supporters**



## What does videofluoroscopy (VF) mean?



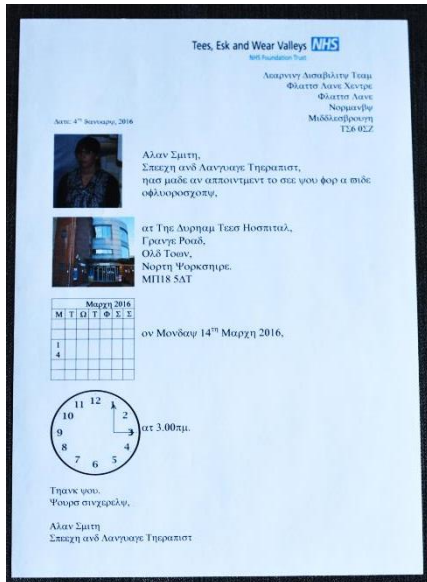
It is an X-ray of you eating and drinking.

The video will help us to understand what happens inside your body when you swallow food and drinks.



This is done at the hospital.

# What will happen before my videofluoroscopy?



We will talk to you first to make sure you understand the procedure. You can decide if you want it.

You will then get a letter to tell you where you need to go and at what time.

We will tell you what you need to bring.

You can bring someone with you.

# During the videofluoroscopy



You will be asked to wait in reception until the room is ready.

You will sit at the x-ray machine.

It will not hurt.

We will introduce you to the people in the room.

They will work the machines and talk to you about what is happening.



You will be asked to eat and drink something.

The food and drink will have a special white paste on.

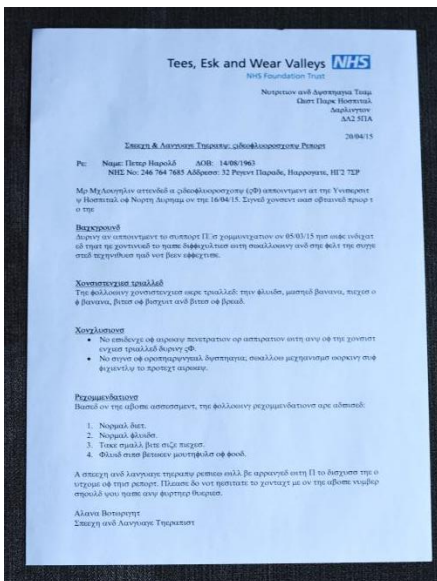


The X-ray will take less than 30 minutes.

## After your videofluoroscopy



Someone will talk to you about your swallow.



We will write a report recommending what you can eat and drink.

We will arrange to visit you and talk about this.

## If you are unhappy about our services...



Please tell a member of staff.



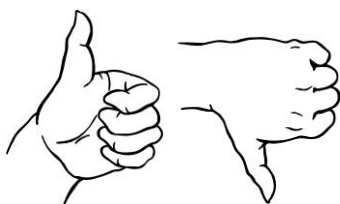
**Freephone** 0800 052 0219 or



**Email** [tewv.pals@nhs.net](mailto:tewv.pals@nhs.net).

## Feedback

We'd like to know if you thought this information was



- good or bad
- if anything was missing you wanted to know
- if there was anything you didn't understand.



You can tell us by email.

[tewv.communications@nhs.net](mailto:tewv.communications@nhs.net)

Or you can telephone the communications team on:



**01325 552223**

**Please do not use these contact details to contact us about your care, instead use the contact details given to you by your care team.**

Staff can find this information at Trustwide shared drive/patient and carer information/Trustwide

Service users and carers can also view this information on our website under services/adult