

Speaking up for myself - easy read

Information about your human rights and speaking up for yourself



Everyone has the same **human rights** - that is the **law**.



You have the right to **be involved** in your **care**



You have the right to **information** in a **way you can understand**



You have the right to be **safe, clean** and **well cared for**



You have the right to **tell us if we are doing things well**



You have the right to **tell us if we are doing things wrong**



You have the right to **make sure we are keeping your information safe**



You have the right to **help and support to get well again**



If you are unhappy about our services...



Please tell a member of staff.



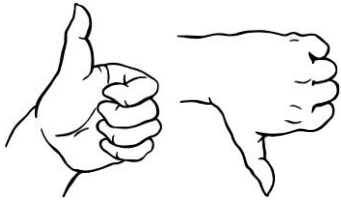
Freephone 0800 052 0219 or



Email tewv.pals@nhs.net.

Feedback

We'd like to know if you thought this information was



- good or bad
- if anything was missing you wanted to know
- if there was anything you didn't understand.

Let a member of your care team know.

Find this information

Staff: T Drive > Patient and Carer Information > Trustwide

Service users and carers: <https://www.tewv.nhs.uk> > Services